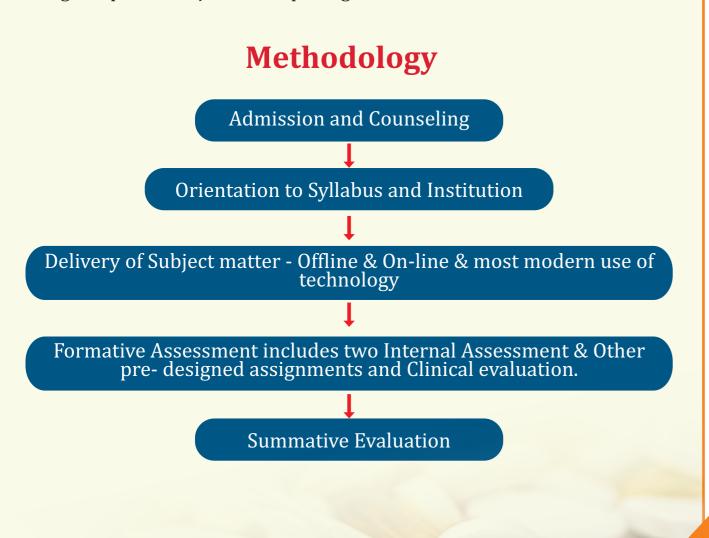
## **Objectives of the Course**

- To provide in -depth knowledge and skills in assessment and curative aspects of pain.
- Practice and imbibe a new technologies and therapies.
- Develop level of excellence in holistic management of pain.
- To imbibe Evidence-Based Practice & harmonize Best Practice.
- Actively involve in research and development activities.
- To get a specialized job offer at prestigious institutions.





Consortium e-Learning Network Pvt. Ltd.

A: A-118, 1st Floor, Sector 63, Noida, U.P., 201301 P: (+91) 120- 4781 200/216

E: rekha@celnet.in, W: www.celnet.in







# ADVANCED COURSE IN PAIN MANAGEMENT

"Excellence in each activity we do, leads into the success we desire. Excellence is not a virtue or bless, it's an art to learn and possess. When excellence becomes habit success follows willingly."

### Introduction

In India chronic pain is number one and most of the conditions associated with pain management are major challenge for health care professionals. Technology advancement along with physical illness understanding has increased life expectance even in the number of debilitating pain- centered conditions posing a financial burden on the client and government.

This course covers the wide range of conditions pertinent to pain management to endow the educational needs of primary and secondary health care professionals. The course is not theoretical but practical to focus on direct application of current topics, case studies and Evidence Based Practice thus exploring interdisciplinary & multidisciplinary approaches to pain management. Upon successful completion of this course, students will receive certificate related to Pain Management Certification and can Change-agents of health care.

# **Mentor's Biography**



**Dr Rajesh G Konnur** M Phil(N) Ph D MBA PGDGC PGDCA is working as a Professor at Kurji Holy Family hospital College of Nursing Patna Bihar . He has more than 14 years of experience in teaching and supervision of nursing students. Authored more than 5 books and published more than a decade reserach papers at

national and international journals including conferences. He is awarded with Bharatia Shikha Ratan Award - 2007, Certificate of Excellence in Global education Research and Technology by Texila American University, Prominent educationist Award by Global leaders Foundation - Indo Bhutan Friendship Summit -Thimpu 2018 and Parampara Sewa Award 2019 for his contribution to education and society.

## **Modules Structure**

#### 1. Target Audience:

- Nurse practioners/UG & PG students/Nurse educators
- General Practioners/Medical and Allied health students and workers
- Psychologists/counselors
- Practioners of Alternative and Indian System of Medicine

2. Duration: 1 Month

#### 3. Course Outline:

#### Week 1: Introduction to Pain

Lect 1: Basic concepts of pain, anatomy and physiology of pain.

Lect 2: Physiological aspects of pain Including psycho-social aspects.

Lect 3: Models/Theories of pain, pathways.

Assignment: What to do you mean by pain? Explain the theory of pain with illustration.

#### Week II: Clinical Aspects of Pain

Lect I: Causes of Pain, Pathophysiology of pain.

Lect II: Signs and Symptoms of pain, pain assessment - Scales and Grading. Lect III: Diagnosis, Investigations and Management of Pain - First Aid

Assignment: Explain the clinical features and management of pain at an emergency conditions.

#### Week III: Management of Pain.

Lect 1: Pharmacological management of pain, drugs, classification, dose, sideffects, complications and its management.

Lect II: Non pharmacological management of pain, Use of alternative system of medicine. Physical therapy - physio- therapeutics.

Lect III: Legal aspects of pain management. Suicidal assessment and preventive measures.

Assignment: Describe the pharmacological management of Pain and prepare drug study mannual.

#### Week IV: Rehabilitation of Pain

Lect 1: Psycho Social Rehabilitation - measures of pain, Networking, Community management.

Lect II: Pain management in Cancer and specific disease conditions.

Lect III: Setting up of Pain clinics. Ergonomics and regulations.

Assignment: Describe the Psychosocial rehabilitation interventions of pain in clinics and community settings.

Clinical Evaluation of Student: Evaluated on the basis of clinical records and care rendered.

## **Services We Offer**



Training Program



**Conference** 



**Journals** 



**Books**