

## Community Health Nurses



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### Some ways that are help full to improve health of community people; by Community Health Nurse

**Community health nurses**, sometimes called **public health nurses**, are registered nurses (RNs) who are trained to work in public health settings such as country or state health departments, school, Industries, and have various scopes in community filed. Roles in the community as caregivers, caretaker, counselor, Educator etc. allow them to have close bonds within the communities they serve and form lasting relationships. They become area experts on health and wellness.

They are educated to see each person for whom they care in the context of his or her life—all the factors that impact that person’s life and well-being.”

So, there are some ways where the community health nurse can improve the health of community people Individual and family as a whole; because if the individual is healthy than family will be built on health grounds and finally nation will be healthy.

#### Various role of community health nurse improves health of community people-

- ❖ **Disease prevention specialist-** Community health nurses focuses on the long- and short-term care for disease prevention. Their work includes averting and controlling the spread of flu and other communicable diseases.
- ❖ **Community educator-** They provide information to individuals, families, and communities that create a framework for healthy living and healthy choices.
- ❖ **Leader-** . They lead collaborative efforts to produce successful health outcomes and provide critical medical and social services in communities.
- ❖ **Researcher -** Research is used to validate funding for public health programs, it reduces inequalities in healthcare settings, and increases the access to public health services.
- ❖ **Advocate -** Public health nurses advocate on the local, state, and federal level to provide better access to healthcare, protect funding for public health programs, and reduce or eliminate health disparities.

- ❖ **Caregiver-** community health nurse provides need-based care to the community people. While she is providing care to peoples, she always use appropriate technology, that should be reached in community people, can afford also.
- ❖ **Promoter-** community health nurse help and educate the people to promote their health she can teach to them regarding healthy habits like hand washing that will help in promotion in health.

**Future of Community Health Nursing-** “As public health nurses continue to move beyond traditional public health settings and integrate their practice with community systems, their value and strength will continue to evolve as well.”

