

## Objectives of the Course

- To understand and deal the relevance of emergencies in psychiatric settings.
- To identify social, economic, biological and emotional determinants of psychiatric emergency.
- Identify psycho- social causes of emergencies.
- To care the patients in emergency situations.
- To involve in management and research activities related to psychiatric emergency.

## Methodology

Admission & guidance to students



Orientation Programme



Delivery of Syllabus



Assessment of students by regular internal assessments and assignments



Summative evaluation both in theory and practical

## Uniqueness of this course

This course would help the scholars to practice independently care and cure in an emergency conditions. On successful completion, students can practice or secure roles at varied levels in hospital and related fields.



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## ADVANCED COURSE IN PSYCHIATRIC EMERGENCY

*“Excellence in each activity we do, leads into the success we desire. Excellence is not a virtue or bless, it's an art to learn and possess. When excellence becomes habit success follows willingly.”*

## Introduction

Life threatening psychiatric clinics and general health clinics conditions lead to emergencies, high mortality and morbidity rates if not handled by expert health personnel. Emergencies have to be treated properly with follow-ups and expert health professionals are needed at various settings (Nursing homes, clinics, and hospital emergency department, offices) to recognize a psychiatric emergency when it occurs and its management.

Psychiatric emergencies can manifest in different ways and places. The emergency with the most potential for damage to the client and other involves a person who is suicidal, homicidal or unable to avoid common dangers. Managing any of these problems involves general and specific actions.

## Mentor's Biography



**Dr. Rajesh G Konnur** M Phil (N) Ph D (N) MBA , PGDGC PGDCA is currently serving as a Professor at Kurji Holy Family Hospital College of Nursing Patna Bihar . He Has more than 14 years of experience in teaching and clinical supervision of nursing scholars. Authored more than five books and published a dozen research papers at national and international journals and conferences. He is awarded with Bharatia Shikha Ratan Award-2017, Certificate of Excellence in Global Education, Research and Technology by Texila American University, Prominent Educationist Award by Global Leaders Foundation-Indo-Bhutan Friendship Summit-Thimpu 2018 and Parampara Sewa Award-2019 for his immense contribution to nursing education and upliftment of society.

## Modules Structure

### 1. Target Audience :

- UG/PG/ P G Dip. Degree holders in health and allied sciences., Nursing professionals
- Practioners of Alternative System of Medicine/ Therapists.
- Psychiatric Social workers

### 2. Duration : 1 Month

### 3. Course Structure :

#### Week 1: Introduction to Psychiatry/ Basic Concepts.

Lect 1 : Concepts of Health - Illness, Mental health - illness, Holistic health , Models and theories.

Lect 2 : Historical development of Psychiatry and Emergency psychiatry.

Lect 3 : Neuro- endocrine biology of psychiatry, immuno concepts.

Assignment: Draw the picture of brain and illustrate its functions.

#### Week II: Classification and Models of Psychiatry.

Lect 1: Varied classification of psychiatric disorders, ICD- 10, DSM-V , Indian Classification.

Lect 2: Theories and model of Psychology and Psychiatry. Normalcy and Abnormalcy.

Lect 3 : Epidemiology of Psychiatric emergencies, Statistical inferences.

Assignment : Describe the classification of ICD- 10 and compare with others.

#### Week III: Emergency and Psychiatry.

Lect 1 : Neurosis and Psychosis, disorders and diseases. Schizophrenia.

Lect 2 : Psychiatric Emergencies - Assessment, MSE and MMSE, Classification, etiology, signs and symptoms, psycho- pathology .

Lect 3 : Management of Psychiatric emergencies including Suicidal attempt. Crisis intervention and Helpline.

Lect 4: First -aid in Psychiatry, Mental Hygiene.

Assignment : Define Suicidal Attempt. Classify suicide and describe its interventions.

#### Week IV: Rehabilitation and Community Participation.

Lect 1 : Forensic psychiatry. - Laws and ACTS related psychiatry. Establishments.

Lect 2 : Psycho-social therapies - Scales and Tools, Counseling and Guidance .

Lect 3 : Psycho- social Rehabilitation, e- psychiatry , networking and satellite surveillance .

Assignment: Describe the PSR and Follow-up with recent concepts.

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